

FAITH MESSENGER

Faith United Methodist Church

June 2013

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Issue 5

Getting Your Feet Wet

Knowing Jesus is the step in a lifelong process called discipleship. A disciple is more than simply a follower of a great teacher. When one approached a Rabbi and asked to be his disciple, he was asking to become like the Rabbi not just follow the Rabbi's teaching. The only applicants that were called to be a disciple were the ones that the Rabbi concluded could indeed become just like him.

Jesus has called each of us to be a disciple. Jesus looks at you and me and sees in us the ability to become like him in character, love, obedience, and service. The agency He uses is the Holy Spirit that lives and dwells in every one who has trusted Jesus as their Savior.

Discipleship is the highest calling of our lives. Discipleship will transform us into men and women who are living in the image of Christ. Disciples will then go into the world and make disciples of Jesus Christ for the transformation of the world.

What is this process? How do we move from being a good church member to being a disciple who is being transformed as he or she transforms their world?

John Ortberg outlines this process in his book "If You Want To Walk On Water, You've Got To Get Out Of The Boat". The title comes from the passage in Matthew 14 where the disciples, fishermen by trade, were in a boat crossing the Sea of Galilee and a tremendous and violent storm came up suddenly in the early morning hours.

As they struggled against the waves and were desperately trying just to survive the night, they see a figure coming to them walking on the water and they were terrified. Jesus calls out and tells them, "It is I. Be not afraid." Then Peter makes an extraordinary request. (Matthew 14:28-29) Peter said to him, "Lord, if it is you, order me to come walked on the water, and came toward Jesus.

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To walk on water, Peter had to recognize the presence of god. Peter saw Jesus and wanted to be where He was. But to be with Jesus, Peter had to get out of the boat. The boat is the place of safety, the place where we are "in control", the place of the familiar. To get out of the boat is to leave all those things behind.

John Ortberg asks the question: *"What's your boat? Your boat is whatever represents safety and security to you apart from God himself."* He then says, "Here is how we can identify our boat."

"Your boat is whatever you are tempted to put your trust in, especially when life gets a little stormy. Your boat is whatever keeps you so comfortable that you don't want to give it up even if it's keeping you from joining Jesus on the waves. Your boat is whatever pulls you away from the high adventure of extreme discipleship."

Want to know what your boat is? Your fear will tell you. Just ask yourself this: What is it that most produces fear in me—especially when I think of leaving it behind and stepping out in faith?"

In September we will begin a 60-day spiritual journey through the Sunday sermons and small groups that will go deeper with the concepts discussed in the sermon series. The ideas we will cover will be based on John Ortberg's book *"If You Want To Walk On Water, You've Got To Get Out Of The Boat"*.

We will need small group facilitators and host homes for our small groups. You will be hearing more about these opportunities to serve in the next few weeks. We are on an exciting journey together as we learn how "To Get Out Of The Boat."

Pastor Victor



Elizabeth Circle

Elizabeth Circle will meet on **Wednesday, June 19**, at **12:00 noon** at "Out to Lunch". Guests and visitors always welcome!

Mary Circle

UMW Mary Circle will meet on **Tuesday, June 18**, at **1:00 p.m.** at **Delores Dahnert's home.**

Ruth Circle

Ruth Circle will meet on **Wednesday, June 19th 15th**, at **9:30 a.m.** The location is yet to be determined.

Men's Club

Next Meeting: **June 13th, 2013**

Where: **George Haggas'**

What: **Hamburgers** will be **grilled** and bake beans will be made.

Please put your own trimmings on your burgers and have a dessert along with some chips. Ketchup, pickles, mustard, lettuce, and tomatoes will be available. If the weather is not workable the meeting shall be held inside. Otherwise it will be held outside.



Lord! Please hear our prayer...

Remember our Church Members & Friends who are less mobile and are unable to join us as often as they have, or would like, including:

Koda Living Community, Owatonna: Elaine Flathers

Colony Court Memory & Care Suites: Ann Swenson, Rosalind Peterson, Gerri Peterson

Lakeshore Inn: Florence Gutknecht, Hazel Henkensiefken, Don Lohse

Latham Place: Liz Corchran, Millie Groh, Emily Miller

Morrow Home, Sparta, WI: Marlene Rietfort

Tower Light, St. Louis Park: Darlene Lynch

Those who are ill, injured or homebound: Jim Keller, Willie Mahler, Jerry Krause, Linda Wilson, The Goetz Family, The Fredrickson Family, Elaine Aune, The Ruedy Family

On the Bulletin Board

To save on postage and paper, be sure to check out the bulletin board. Some items will only be posted there.



Sandy, Margaret, and Jan working on Bazaar projects.



Coach Dale Arendt at HCI Weekend, May 3rd, 2013.



THANK YOU!

A great big **Thank You** to the **men of the church** who put on the pancake brunch and to all of you who contributed. **Over \$500** was raised for the Parish Nurse Ministry. Thanks again. Your Parish Nurse,

Sherry Scholljegerdes

New Toys-Oh What Fun

Check out the nursery toys! We have toys for infants to 4 year olds (The older kids will enjoy them too.) Thanks for your generosity we have raised over \$400 for the new toys. Thank you to Julie Svoboda for purchasing the toys. What a joy! A special thanks to the team who worked on their projects through UMW.



Shirley Hansen, Roberta Walker, Pastor Victor, Barbara Friedl

This is a job well done.



Pentecost Celebration of the Church Sunday

THANK YOU!

I would like to thank my church friends for the lovely May Basket, the pretty flowers, and the beads. It was so nice of you to remember me after my fall. I am doing well now. I also enjoyed the nice visit with Barb and thank you for the cards and calls. God Bless you,

Nina Youngberg

THANK YOU!

The Collector's Showcase was big and it was the best. We appreciate everyone who participated. It is always an enjoyable time. Thanks,

Roberta Walker

HAVE YOU NOTICED.....?

- Church office has been repainted
- Old metal restroom door vents have all been cleaned and repainted
- Video camera in the balcony has been updated
- New signage has been installed on the front lawn
- New hand soap (foamy) has replaced the old soap in the restrooms
- New, water efficient toilet has been installed in the children's bathroom
- Bushes have been removed from around the church sign on the front lawn
- Dead trees near Andy Stinks have been removed from the church grounds
- Big, messy walnut tree has been removed from the parsonage lawn

Thanks to **Bob Stephan** for all the work he does to keep the inside of our church building looking good.

Neil Freuchte

Faith Crafters and Stitchers

Faith Crafters and Stitchers **will not meet** in June, but **will** get back to meeting on the second Friday of each month from **9:30-11:30 a.m.** in the Fellowship Hall on **July 12th.** All women are invited to bring their craft and sewing projects and join in a morning of work

and fellowship. If you have questions, feel free to call Sandy Voshell at 835-4122.

What is a Vision Statement?

A vision statement is our ticket to a successful, healthy church; a photograph in words of our church future. It provides inspiration for both our daily operation and our long term plans. It's the vision statement that provides the destination for our journey to a healthy church. What is the vision you want our church to accomplish? Why do we exist? What do we do well? How do we do it? Where will our church be in 5 years? What will we have accomplished? Fill in the blank, five years from now our church will be_____.

Using this formula to write a vision statement will force you to choose what you consider to be the most important accomplishment for our church and give you a time frame to accomplish it. Commit to our vision statement and share it with everyone and be reminded of it daily. Write it, post it, and say it. When you write a vision statement make sure that you have chosen the vision that is most important to everyone. If you don't fully believe in our vision statement, we won't be able to fully commit to it.

Writing a vision statement that you can't or won't fully commit to is a waste of time. Our vision statement should be short and simple powerful words.

Committee members:

David Baldini

Janice Kaupa

Sherry Scholljegerdes

Peter Fog



UMW will be sponsoring a cake auction at Fellowship on June 23rd, 2013.

There will be an auctioneer **Doug Jones** auctioning off some fantastic cakes.

Invite your friends as this will be a fun time!

Parish Nurse's Notes

Simple Help to Find Nutritional Food-Nuval

"Simple-The Nuval System provides comprehensive nutritional information in one simple Number between 1 and 100." (1 lowest, 100 highest).

- Inclusive-Nuval Scores cover all kinds of food-from apples to chips and store brands to national brands-not just products from specific manufacturers
- Convenient-Nuval scores are right where you shop-on shelf tags throughout the store-so you can compare overall nutrition the way you compare price.
- Objective-The Nuval System was developed independently by a team of nutrition and medical experts and funded by Griffin Hospital. No retailers or manufacturers were involved.
- Value-focused- Nuval Scores help you get the most nutrition for your money by allowing you to compare price and nutrition- side-by-side on the same tag.

The Nuval Nutritional Scoring System was developed as a direct response to America's troubling health trends: rapidly rising rates of obesity and diabetes in both the adult and child populations. A team of recognized medical and nutrition experts-led by Dr. David Katz of the Yale Griffin Prevention Research Center-advocated the development of an independent and simplified nutritional

scoring system as a vehicle to improve public health.

Nuval scores "converts complex nutritional information into a single, easy-to-use score. The ONQI algorithm is now the scientific engine behind the NuVal system, and together they are helping people make faster, easier, and better decisions about the foods they buy."

Examples:

Austin Toasty Crackers with Peanut Butter	24 Nuval
Nabisco Ritz Bits Peanut Butter Sandwich Crackers	9 Nuval
Green Giant Cut Green Beans Steamable	100 Nuval
Green Giant Green Bean Casserole	20 Nuval
Nabisco Chips Ahoy chew Real Chocolate Chip Cookies	2 Nuval
Canola Oil	24 Nuval
Shortening	1 Nuval

www.Nuval.org

You can find this scoring at Hy-Vee. It compares similar products. You will discover the wide variations in nutritional value.

Happy Eating!

Blessings,
Sherry Scholljegerdes,
RN

Your Parish Nurse



Faith United Methodist Church

"Faith by the lake ~ and beyond!"

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Change Service Requested

Welcome to our New Church Members!



Pictured from Left to Right: Pat and Ron Terrell, Carey Root, Jeremy Root, and Aaron Root, Pastor Victor Waters, Dylan Fredrickson, Jarod True, Carson True, Stacy True, Samantha True, Justin True. **Not Pictured:** Paula Kaupa, Jasmine Paulson, Morgan Edwards